



PSY 011: Introduction to Psychology

Term: Summer, 2019

Time: Monday – Friday, 5 Weeks

Class Sessions per Week: 5

Class Session Length (minutes): 150

Total Contact Hours: 60

Credit Hours: 4

Course Description

This course is basic introduction to field of psychology. Students will learn the applications of psychological research in normal problems of adjustment. Topics include theories and findings governing learning, memory, perception, development, personality, social and abnormal psychology

Textbook(s)

Zimbardo, P. G., Johnson, R. L., & McCann, V. (2014). Psychology: Core Concepts with DSM-5 Update (7th ed.).

Course Requirements

ATTENDANCE

This course is very intense and to be successful, students need to attend every session. If a student must miss class, a doctor's note is required for the absence to be excused. There are no unexcused absences.

EXAMS

There will be two exams. In general, exams will not be comprehensive. Each exam will only cover the lectures and readings for that range of dates. Approximately 60%-70% of each exam will be based on information presented in class, including any films watched, the remainder will be based on assigned chapters from the textbook (even if the textbook material is not discussed in lecture). All of the exams are required. If you miss an exam, then you should try to contact me immediately.

THOUGHT PAPERS

There will be five writing assignments during the term. These assignments may include developing/designing a research study, or discuss in greater detail a subject matter covered in class. You may use your book to assist you in writing your response. However, your response must be hand written and submitted to the instructor before the end of



class. Each written assignment will be worth a maximum of 10 points, for a total of 50 points for all 5 assignments. If you do not provide a hand-written response to the assignment as instructed, you will receive zero points.

CLASS PARTICIPATION

Regular attendance and class participation is expected. Failure to attend class or to participate in class activities will result in a lower grade.

Grading

Homework, Attendance and In-class work	50%
Midterm exams	20%
Final Exam	30%
Total	100%

A: 90-100 A-: 85-89 B+: 82-84 B: 78-81 B-: 75-77 C+: 72-74 C: 68-71 C-: 64-67 D: 60-63
F: <60

Schedule

WEEK 1

Overview of Class Introduction to Major Paradigms: Psychodynamic,
Humanistic/Existential, Behavioral, Cognitive, Sociocultural, and Biological Perspectives -
What is Psychology? (read Chapter 1)
Research Methods in Psychology (read Chapter 1)
Biological Foundations of Behavior (read Chapter 2)

WEEK 2

Sensation/Perception (read Chapter 3)
Learning (read Chapter 4)
Memory (read Chapter 5)
Thinking and Intelligence (read Chapter 6)

MIDTERM EXAM

WEEK 3

Development over the Lifespan (read Chapter 7)
Motivation and Emotion (read Chapter 9)
Personality (read Chapter 10)
Social Psychology (read Chapter 11)

WEEK 4

Psychological Disorders (read Chapter 12)
Therapies for Psychological Disorders (read Chapter 13)
Stress and Health (read Chapter 14)



WEEK 5

Reading Day

Review Session

Final Exam

Policies

Exam and Attendance

No make-ups for missed exams. If legitimate absence, midterm exam can be excused. Attending all class meetings is required. Students are responsible for missing class by any reason. We will be covering a lot of material quickly so it is detrimental to miss even a day.

Academic Honesty

Xihua University expects all students to do their own work. Instructors will fail assignments that show evidence of plagiarism or other forms of cheating, and will also report the student's name to the University administration. A student reported to the University for cheating is placed on disciplinary probation; a student reported twice is suspended or expelled.

Special needs

Students with disabilities and special needs should consult with the professor early in the semester. Recording of lectures is permitted.